

Diagnosis and treatment of Currarino syndrome: a single-center case series

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Purpose Currarino syndrome is a rare genetic disorder characterized by the triad of anorectal malformations, presacral masses, and sacral malformations. We reviewed the diagnosis and management of this syndrome.

Table : 10 children with Currarino syndrome treated at our hospital between 1993 and 2024

No	Sex	Family history	Age at diagnosis	Initial symptoms	Sacral anomaly	Anorectal malformation	Treatment of anus	Presacral mass	Treatment of presacral mass	Perioperative complications
1	M	father & son	newborn	constipation	defects below S3	anal stenosis	GE, laxative	s/o lipomeningocele	removal(N) + spinal cord untethering	transient neurogenic bladder
2	M		newborn	anal defect	partial defect of S4	imperforate anus (rectoperineal fistula)	colostomy→PSARP	lipomeningocele + dermoid cyst	removal(N&P)	urethral injury, wound dehiscence of anoplasty
3	M	dizygotic twins	newborn	constipation	partial defect	anal stenosis	GE, laxative	mature teratoma	removal(N&P) + untethering	(-)
4	M		newborn	constipation	partial defect	anal stenosis	GE, laxative	mature teratoma	removal(P)	rectal injury →colostomy →closure
5	M	brothers	infant	constipation	partial defect below S3	anal stenosis	GE, laxative, bougie	s/o meningocele	(observation)	(-)
6	M		newborn	constipation	hemivertebra (left defect)	s/o imperforate anus→anal stenosis	colostomy →closure, GE, laxative, bougie, disimpaction	s/o meningocele	(observation)	ileus after colostomy closure
7	F	sisters	6 years old	constipation	defects below S3	anal duplication	resection	lipomeningocele	removal(N) + untethering	(-)
8	F		infant	constipation	hemivertebra (right defect)	anal stenosis	GE, laxative	lipomeningocele	2y:untethering 3y:removal(N&P)	(-)
9	M	(-)	newborn	anal defect	partial defect	imperforate anus (low type)	cut back	mature teratoma	removal(N&P) + untethering	(-)
10	F	(-)	newborn	constipation	hemivertebra (right defect)	s/o Hirschsprung disease→anal stenosis	GE, laxative, disimpaction 6y:inflammation →colostomy →PSARP	mature teratoma	1m:removal(N) + untethering 2m:removal(P)	2m:rectal injury, transient neurogenic bladder 6y:wound dehiscence of anoplasty

(GE: glycerin enema, N: neurosurgery, P: pediatric surgery)

Diagnosis

[No.1] Appearance of the anus:

"Far and deep anus"

The anus did not expand.



Barium enema:



Dilation to the lower end of the rectum

Displacement of the rectum dorsally by the sacral mass

[No.6] A case requiring differential diagnosis from imperforate anus



Feces were expelled, but 6Fr. catheter did not pass.

The anal fossa detected by the contrast agent from the stoma

Presacral mass

[No.10] A case requiring differential diagnosis from Hirschsprung disease



Intestinal dilatation + Right sacral defect

Caliber change-like

Presacral mass

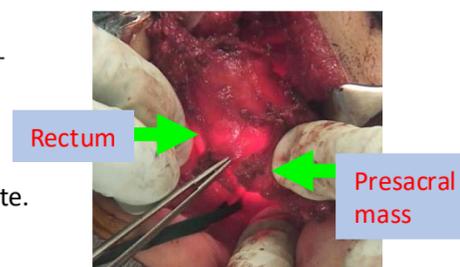
Treatment

- Anorectal malformation
 - Anal stenosis (7 cases): conservative treatment (6), anoplasty (1)
 - Imperforate anus (2 cases): anoplasty (2)
 - Anal duplication (1 case): fistula excision
- Presacral mass
 - Tumor removal (7 cases): mature teratoma (4), lipomeningocele (3)
 - Tumor communicating with the spinal canal (5 cases)
 - Spinal cord untethering (6 cases)
 - Simultaneous surgery for anoplasty and mass resection (1 case)
- Perioperative complications
 - Intra-operation: rectal injury (2 cases. 1 case involved colostomy), urethral injury (1 case)
 - Post-operation: transient neurogenic bladder (2 cases), wound dehiscence of anoplasty (2 cases)

Discussion

- Do not overlook sacral anomaly on X-rays of constipation patients.
- Evaluation the necessity of surgery for anorectal malformations and presacral masses
- Strategies to reduce complications

Using a biologically transparent illumination device in the rectum to prevent rectal injury during mass resection [No.2]



Postoperative complications occur at a high rate. The degree of sacral dysplasia may influence postoperative outcomes.

(Sakurai T, et al. Pediatr Surg Int. 2021)

Conclusion

- The diagnosis of constipation requires exclusion of Currarino syndrome.
- The treatment plan for this syndrome is determined by the abdominal and neurological symptoms and the location of the presacral mass.
- Caution is required to avoid rectal injury during presacral mass resection.