

ANKYLOGLOSSIA

APPROACH TO LINGUAL FRENULUM IN CHILDREN AT A, BABY-FRIENDLY UNIVERSITY HOSPITALS

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Ankyloglossia, also known as tongue-tie, is a congenital oral anomaly that restricts the mobility of the tongue tip.

It is commonly known as tongue-tie and can restrict tongue tip mobility to varying degrees.

Between 2012 and 2022, a total of 164 cases underwent frenotomy in our clinic. Of these patients, 64.6% were male and 35.4% were female. 53.6% of the patients were under six months old, and 74.4% were under one year of age.



Among patients under the age of one, the primary complaint was breastfeeding difficulty (n=57, 46.7%), whereas 20 out of 42 patients over the age of one (47.6%) were referred to our clinic due to speech disorders. Among these 20 patients, 3 presented with stuttering, 9 with difficulty articulating or distinguishing the letters 'R' and 'L', 5 with delayed onset of speech, and 3 with limited vocabulary.

Following the procedures performed in our clinic, patients who initially presented with breastfeeding difficulties showed improvement during follow-up. Complaints decreased, effective sucking and weight gain were achieved, and maternal concerns were at least partially alleviated.

